Weight Loss Challenge starting 20th September for 12 weeks (2013 GBP)



South East, West Sussex Location https://www.freeadsz.co.uk/x-429817-z



So the holidays are over, the kids are back to school - time now to re-focus on you! If your beach body has been and gone (or never arrived, yes what did happen to our summer?), don't let that stop you getting back on track with your wellness programme.

Come and get the support, friendship and boost you need to achieve your weight-loss goal and get into the Christmas Party mood! In 12 weeks, what have you got to?









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