

## **Orchid Beauty and Spa**



Location **North, Lancashire** https://www.freeadsz.co.uk/x-434277-z



Orn Park is a mature Thai lady who practices and studies Buddhist Theology and Meditation at degree level with The Dhammakaya Open University. Orn is a beautician with qualifications for beauty therapies and treatments from both the UK and Thailand. Her experience exceeds 30 years. She recently attended The Beauty Academy, Manchester and successfully completed a course receiving The Diploma in Beauty Therapies. ?Orn also qualified in massage and reflexology at Wat Po Temple, Bangkok, Thailand. She is a dedicated and extremely knowledgeable professional masseuse, with vast experience gained over 30 years in Thailand, Kuwait and the UK. About Massage Massage originated in the early centres of medical learning such as monasteries, temples and other religious institutions. ?Wat Po Temple,Bangkok, Thailand is an institution which still provides training for Thai Traditional Massage and Reflexology. Benefits The benefits of massage are immense as it enhances the healing process by stimulating blood flow to those areas of the body requiring assistance, whether for injuries, stiffness, aches, pains or headaches. ?Professional sportsmen and women use massage as an important part of their daily routine to achieve ultimate fitness and performance, but also to recuperate from injuries and strains. Services For more details please check our

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