

# 12 week Nutrition and weight loss Plan



Location **South East, Kent**  
<https://www.freeadsz.co.uk/x-441675-z>



Want to lose weight? Finding it difficult to find what works for you, controlling your cravings and dropping body fat? I have developed a 12 week nutritional plan that is tailored for you. It works with your daily life, foods you actually like and bi-weekly changes to ensure you get the best results! The 12 week plan includes: - Tailored Personal Meal Plans

- No shakes, no pills and no magic potions - just real food!

- Family friendly meals

- Meal prep advice

- Body Composition Analysis

- Metabolic Analysis

- 7 day a week support and advice

- Bi-Weekly revisions to ensure the plan works for you

- At your home, via Skype or you can come to me This plan is now just £140 for a limited time only (was £240!). That's a whopping great £80 saving! Get started now and join the EightyNine Nutrition Tribe Call me on 07752009465 Email me at [email&#160]



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