

# Well-Being amp Craft Fayre (15 GBP)



Location **South East, Kent**  
<https://www.freeadsz.co.uk/x-445887-z>

Strood & Frindsbury Working Mens' Club host a Well-being & Craft Fayre once a month, and twice in December for holistic therapists, health charities, community groups and crafters to share their enthusiasm and wares to encourage the people of Strood and surrounding areas to embrace life, no matter how old or restricted, find a new interest, or develop an old one.

The aim is to provide a regular platform bringing together knowledge, information, direct access, guidance and support to holistic therapies, health charities, healthy eating, exercise and fitness for all ages and abilities, local social groups and crafts etc. to encourage the physical, intellectual, emotional, social & spiritual well-being of the people of Strood and surrounding.



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