

# Soma Yoga Glasgow Southside



Location

Scotland, Renfrewshire

<https://www.freeadsz.co.uk/x-447100-z>


Every Tuesday 6-8pm Langside hall, the Large hall 5 Langside Avenue G41 2QR First 2 classes are free! Yoga mats are provided. Our yoga school is member of Atman International Federation of Yoga and Meditation Enrolment closes January 2017 Yoga class for men and women is structured over academic years. Each class last 2 hours and includes both theory and practice. Written hand outs are given for further.

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