




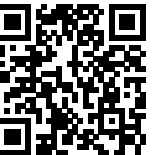





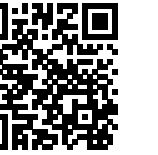
Jumping Fitness (12 GBP)



Location **London, London**
<https://www.freeadsz.co.uk/x-448926-z>



JUMPINGWITHUS CLASSES:
The flexible, soft surface of the trampolines is much healthier for joints than jumping on the ground, and the class combines a fun workout with the opportunity to burn calories in a safe way whilst being motivated by brilliant music. It's great for stamina, cardiovascular fitness and improving.

 <div><div>Jumping</div><div>Fitness</div></div> <div>https://www.freeadsz.co.uk/x-448926-z</div>	 <div><div>Jumping</div><div>Fitness</div></div> <div>https://www.freeadsz.co.uk/x-448926-z</div>	 <div><div>Jumping</div><div>Fitness</div></div> <div>https://www.freeadsz.co.uk/x-448926-z</div>	 <div><div>Jumping</div><div>Fitness</div></div> <div>https://www.freeadsz.co.uk/x-448926-z</div>	 <div><div>Jumping</div><div>Fitness</div></div> <div>https://www.freeadsz.co.uk/x-448926-z</div>	 <div><div>Jumping</div><div>Fitness</div></div> <div>https://www.freeadsz.co.uk/x-448926-z</div>	 <div><div>Jumping</div><div>Fitness</div></div> <div>https://www.freeadsz.co.uk/x-448926-z</div>	 <div><div>Jumping</div><div>Fitness</div></div> <div>https://www.freeadsz.co.uk/x-448926-z</div>	 <div><div>Jumping</div><div>Fitness</div></div> <div>https://www.freeadsz.co.uk/x-448926-z</div>	 <div><div>Jumping</div><div>Fitness</div></div> <div>https://www.freeadsz.co.uk/x-448926-z</div>
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