

Womens Boxing amp Boxing Fitness Classes Euston, London NW1 (15 GBP)



Location **London, London**
<https://www.freeadsz.co.uk/x-450473-z>

Women's Boxing & Boxing Fitness Classes - Euston, London NW1

Professional Boxer Marianne Marston's Women's Boxing and Boxing Fitness classes not only teach you the art of boxing but also help you to become far fitter and more toned as well.

The Boxing & Boxing Fitness classes, Marianne created, are the real deal, and as such you will be using proper boxing equipment such as Focus Pads, Heavy Bags etc. as well as undertaking some of the very same exercises and drills as used by professional boxers in their competition preparations.

Please note these classes are for beginners and intermediate level only. Marianne also offers advanced sessions (Boxing Skills, Sparring etc. on Tuesday evenings - by invitation only).

Marianne also offers one-to-one personal training sessions - limited slots available.




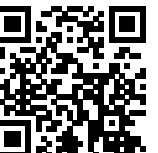






CLASS INFORMATION

The Ladies Boxing and Boxing Fitness classes cost £15 per session and are one hour in duration and are held at:

The Ringtone Boxing Gym. Basement 141-153 Drummond Street, Euston, London NW1 2PB on

Wednesday evenings at 6.30pm.

Classes are mainly for women, Euston, London NW1 and & Marianne's Warren House

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