

# Wellbeing amp Recovery College Open Day - Mental Health and Emotional Wellbeing



## Open Day

Tuesday 1<sup>st</sup> November 2016  
Learning Centre, St George's,  
Corporation St, Stafford  
10.00 – 16.00

Come and join us for our first Open Day

### Including:

Series of micro teaching sessions by our trainers

Opportunity to speak to trainers and students

Food and Activities

Information on how to get involved with the college or to enrol as a student

Visit by the Executive Team and a talk by the Chief Executive Officer of our Trust

First showing of our Wellbeing and Recovery College short video

Opportunity to visit the Human Library "Where books are people, and reading is a conversation"



Location

West Midlands, Staffordshire

<https://www.freeadsz.co.uk/x-451835-z>

Series of micro-teaching sessions by our trainers

Opportunity to speak to trainers and students

Food and Activities

Information on how to enroll at the college

Visit by the Executive Team and a talk by the Chief Executive Officer of South Staffordshire and Shropshire NHS Trust

First showing of our Wellbeing and Recovery College short video

Opportunity to visit the Human Library, 'where books are people, and reading is a conversation'. The Human Library is a way to challenge discrimination and.



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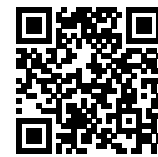
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