

## **AchyPaw Therapeutic Canine Massage, Myotherapy and Classes (30 GBP)**



Location **South East, East Sussex** https://www.freeadsz.co.uk/x-457003-z



Professional remedial massage, sports massage and muscle therapy for your dog. Dogs suffer from muscle pains, aches and strains just like we do but they can't always tell us where it hurts or how much it hurts. Using professional and specialised knowledge and training I am able to target troublesome areas. But massage and myotherapy for dogs is not just for those with an obvious injury or with an issue referred from your vet. It can help active dogs, keeping them in top condition for sport or just for the activity in daily life. Older dogs who maybe find it hard to settle down as their joints are getting stiff could also benefit from a holistic massage session. Specifically, massage can help your dog: • Relieve tension, soreness, stiffness & tightness • Improve the range of movement, flexibility, posture and movement • Help relaxation if your dog is excitable (it is great for puppies) • Improve and maintain general wellness • Before or after sport, exercise, chasing seagulls on the beach or walking along the seafront. We always look at addressing the whole dog and recognising how they present - energy levels, pain, stress, mobility. By integrating many different modalities such as massage therapy, stretching, myotherapy, myofacial relief, trigger point, we aim to bring about maximum benefit in a treatment session. We also offer classes on a one to one or group basis to teach you how to massage your own dog. Call me for further details. If you would like to book an appointment or know more about dog massage check out my website (http://achypaw.com) or give me a call (07544 844120 (07544 8441...(click to reveal full phone number) ). I will happily answer any questions you may.

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