

home help service as you need, 8 years experience in care business, cooking, cleanin



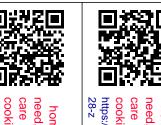
South East, East Sussex Location https://www.freeadsz.co.uk/x-459528-z



I provide help in your own home. Live healthy with home cook meal and exercise as you can, activities as you need . I can prepare breakfast, lunch dinner and Medication. I help with house work including help with your animal. Take you to see your frinds, see doctor, going out for shopping or even afternoon tea. CRB checked .;







cooking,cleaning etc.











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