

Tacx Grand Excel Turbo Trainer (75 GBP)



Location **South East, Surrey**
<https://www.freeadsz.co.uk/x-460031-z>

The ultimate training machine, a trainer that pushes you to your limit without the fear of overtraining. The Grand Excel offers a built-in data logger with up to 30 hours of memory. During each training session, speed, pedal frequency, heart rate, power, distance travelled and the cycle program are recorded automatically. The accompanying Tacx Analyser Software offers a range of reporting functions. With this software, the recorded training data can be presented on a PC display. Your performance data will appear clearly in graphs and tables and can be printed out. The major benefit of downloading is that you can analyse your training. This scientific approach according to the most modern of training methods will provide an incentive to train even harder. Since the Grand Excel has a two-way data communication system, it is possible to transmit a completed cycle program. Not only can you upload your own performance of a completed cycle program, you can also upload those of well-known cyclists or friends received via the Internet. In this way, it is simple to enter several opponents in Excel, against whom you can compete.

- Extensive cycle computer functions including power, pedalling frequency and pulse
- 10 programs to be programmed in slope (-4 to +9), power (0 - 990 watt) or heart rate 15 sub routes programmable per program, using distance (0,1 to 25 Km/Mi) or time (10 sec. to 30 min.)
- 5 programs preprogrammed by Tacx (can be written over)
- programs can be interrupted during cycling, without losing the data
- built-in data logger with 30-hour memory for recording training data every five or ten seconds
- Downloading of training results to a PC, via the accompanying cable

- **Tacx Excel Analyser Software** for displaying data in various graphs and tables.

Improvement of programs with training results in the Grand Ex-
change works to train with other programs, with a program and with a program and as a component. C
costs to the full working order. Can be achieved by using box and kit to work. Start smart trainer.



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