

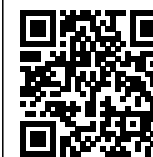
# Free Monthly Meditations (17 GBP)



Location **East of England, Hertfordshire**  
<https://www.freeadsz.co.uk/x-460198-z>



Open to everyone from absolute beginners to those wanting to deepen their meditation experiences. A sharing of ideas, feelings, meditation commentaries to guide your mind, silent reflection and visualisation to enhance and develop your inner peace and strength. Registration required. E: [click to contact](#) T: 07957 457947 07957 4579...(click to reveal full phone number) W: [www.brahmakumaris.org/uk/hertfordshire](http://www.brahmakumaris.org/uk/hertfordshire)



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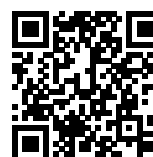
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