

6 WEEK 039SLIM FOR SANTA039 CHALLENGE (20 GBP)



SHAPE UP TOGETHER 24 FIT

6 WEEK SLIM FOR SANTA

EVERYONE TAKING PART RECEIVES:

- ❖ **Daily Exercise Options**
(WalkFIT, BodyFIT and Exercise Online to join in with)
- ❖ **Weekly Nutrition / Health Eating Advice**
- ❖ **Personalised Meal Plan**
(includes 3 or 6 Day Nutrition Trial – dependent on goals)
- ❖ **Weekly monitoring of your progress**
(Diet & Body Composition analysis at start, then monitored every week throughout)
- ❖ **1:1 and Online Support to get Amazing Results**
(<http://www.herbalifeactive.co.uk/jaynerayner>)

Designed to increase your Health & Fitness to become the best version of you.

JUST £20 TO TAKE PART

REWARDS FOR BEST RESULTS

STARTS WEDNESDAY 2 NOVEMBER 2016

CALL JAYNE TO JOIN IN: 07564 219189

Location **Yorkshire and the Humber, West Yorkshire**
<https://www.freeadsz.co.uk/x-461187-z>

ATTENTION Our Brand New "6 Week Slim for Santa" starts on 2nd November 2016. £20 to join in (one off fee) What you will:



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