



Yorkshire and the Humber, West Yorkshire

<https://www.freeadsz.co.uk/x-461187-z>

*****ATTENTION***** Our Brand New "6 Week Slim for Santa" starts on 2nd November 2016. £20 to join in (one off fee) What you will:



**SHAPE UP TOGETHER
24 FIT**

**6 WEEK SLIM FOR
SANTA**

EVERYONE TAKING PART RECEIVES:

- ❖ **Daily Exercise Options**
(WalkFIT, BodyFIT and Exercise Online to join in with)
- ❖ **Weekly Nutrition / Health Eating Advice**
- ❖ **Personalised Meal Plan**
(includes 3 or 6 Day Nutrition Trial – dependent on goals)
- ❖ **Weekly monitoring of your progress**
(Diet & Body Composition analysis at start, then monitored every week throughout)
- ❖ **1:1 and Online Support to get Amazing Results**
(<http://www.herbalifeactive.co.uk/jaynerayner>)

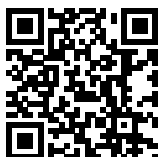
**Designed to increase your Health & Fitness
to become the best version of you.**

**JUST £20
TO TAKE
PART**

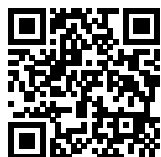
**REWARDS
FOR BEST
RESULTS**

STARTS WEDNESDAY 2 NOVEMBER 2016

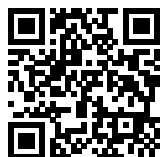
CALL JAYNE TO JOIN IN: 07564219189



6 WEEK 039SLIM FOR
SANTA039 CHALLENGE



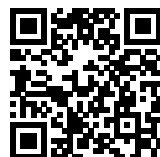
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