

Women039s Boxing amp Boxing Fitness Classes - Euston, London (15 GBP)



Location **London, London**
<https://www.freeadsz.co.uk/x-466258-z>



Women's Boxing & Boxing Fitness Classes – Euston, London NW1

Professional Boxer Marianne Marston's Women's Boxing and Boxing Fitness classes not only teach you the art of boxing but also help you to become far fitter and more toned as well.

The Boxing & Boxing Fitness classes, Marianne created, are the real deal, and as such you will be using proper boxing equipment such as Focus Pads, Heavy Bags etc. as well as undertaking some of the very same exercises and drills as used by professional boxers in their competition preparations.

Please note these classes are for beginners and intermediate level only. Marianne also offers advanced sessions (Boxing Skills, Sparring etc. on Tuesday evenings – by invitation only).

Marianne also offers one-to-one personal training sessions – limited slots available.

CLASS INFORMATION

The Ladies Boxing and Boxing Fitness classes cost £15 per session and are one hour in duration and are held at:

The Rington Boxing Gym. Basement 141-153 Drummond Street, Euston, London NW1 2PB on

Wednesday evenings at 6.30pm.

Nearest tube/marina line station - Euston (underground & DLR)

Boxing Classes Contact Details

07789 364702... (click to call)

58-Z

58-Z