

# **CRYOTHERAPY SCOTLAND LTD**





## RECOVERY

- Reduce swelling
- Increase blood flow
- Increase performance



### **BEAUTY & ANTI-AGING**

- · Reduce appearance of stress & fatigue
- Help reduce cellulite
- · Smoother, tighter skin



### WEIGHTLOSS

- Boost of energy
  Boost your metabolism
- Burn calories



#### WELLNESS

- Relaxation
- · Better sleep
- Increase cellular survival

Location **Scotland, Fife** https://www.freeadsz.co.uk/x-466361-z

www.cryotherapyscotland.com We are scotland only cryotherapy.



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