

Deep Tissue Massage



Location

South West, Hampshire

<https://www.freeadsz.co.uk/x-466853-z>

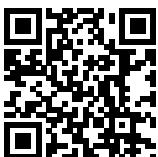


Deep Tissue Massage manipulates both superficial and deep layers of muscles and connective tissue. It goes deeper into the muscles than a Swedish Massage, but uses a lighter pressure than Sports Massage. A conventional massage that is the ideal choice of complementary therapy for people with physical aches and pains, as well as those who are feeling stressed or anxious. Tailored to each individual client, this massage combines techniques to relieve and dispose of uncomfortable muscle tension. This massage is suitable and advantageous for clientele in varied states of health and physical fitness, with a range of builds and lifestyles. 30 minutes £30, 60 minutes £45, 90 minutes £60

To find out more, or to book, call Sandy: Tel: 07927 909782

Email:

Website: athena-holistic-massage-therapies.co



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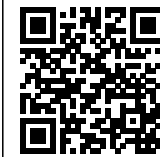
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