

# Parent Taster Courses at The Arts College, Worthing (10 GBP)



Location

**South East, West Sussex**

<https://www.freeadsz.co.uk/x-470602-z>



Parents judge themselves harshly because of not seeing things as a child; understanding why they react to the things they do, not knowing what to do when your child is hurting which creates a lack of confidence and self-esteem and investing financially in child related specialists without being given knowledge to continue the development in the home. The 3 biggest mistakes parents make when dealing with their child's outbursts is; Talking to their child as an adult Failing to know how to arrange specific activities within the day to release stress Not understanding how creative activities play a huge part in a child's emotional development We are going to show you tips and secrets that will calm down your child, helping them through the school week. You will discover how you are already using risk activities (calming your child down) within the home. Lots of new ideas to take and apply in your everyday life. With creativity being squeezed out of schools there has been a 50% increase in stress and anxiety within the education system. Science shows art can do incredible things for your mind and body based on a report from Gabe Bergado, 15th December 2014/arts.mic In our taster course you will be learning where to introduce activities that will release your child's stress and build their confidence with simple ideas without having to spend money. All you have to do is email the college and make pre-payment of £10.00 to secure your place. Please be aware we only have 8 spaces per session! Taster Workshop Dates Wednesday 23rd November 2017 Thursday 24th November Time: 10:45 – 13:00 Venue: The Arts College, Nr Charmendean Centre, Worthing, West Sussex (Full address is given when booking process has been completed) Cost: £10.00 per person Price includes tea / coffee on arrival, all materials used during session. There are a maximum 8 places on each taster workshop. How do I book? Contact us at click to contact 01903 529633 01903 5296...(click to reveal full phone number) – please email the

college to let us know you have paid Pre-Payment for course is required via BACS Lloyds Bank



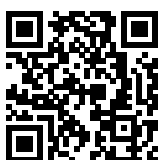
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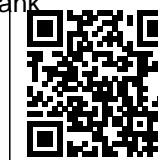
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