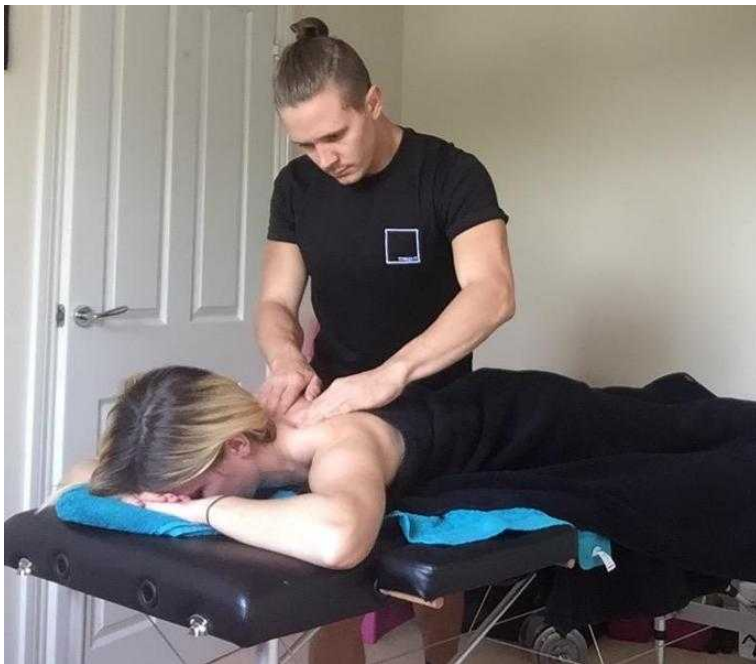


# Sports Massage - Qualified amp Insured



Location **East Midlands, Leicestershire**  
<https://www.freeadsz.co.uk/x-470805-z>

Hello,  
 My Name is Jacob, I am a fully qualified (BSc Sports Therapy) and insured Sports therapist. I offer sports massage to enable you to recover, relax or be rehabilitated from an injury.

Whether you are involved in physical activity or live a sedentary lifestyle, muscular tension can cause pain and discomfort during your day to day living.

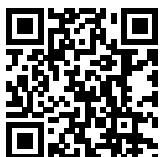
Deep tissue massage can help reduce this muscle tightness and when combined with correct exercise can send you on your way to a better quality of life.

If you are experiencing any aches or pains, whether you are playing sport or not, get in touch and find out if Massage can help you.

I am based in Nuneaton and we also offer a mobile service so I can come to you!

Sports Massage/Deep Tissue Massage - £30 for one hour, £20 for 30 minutes

If you have any questions or enquires or want to see example images to get a better understanding of what sports massage is; please feel free to text, call or email me! ;



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