

# Invigorating Toxin and Tension Releasing Body Massage with Anti-Aging Facial Mass



Location

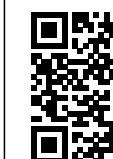
South East, West Sussex

<https://www.freeadsz.co.uk/x-471567-z>

Get ready for Christmas and indulge in this beneficial toxin and tension relieving Swedish body massage using acupressure techniques, reflex point massage and long sweeping strokes to eliminate toxins and increase the blood circulation and flow, especially beneficial for the elimination of cellulite. Reflexology techniques are used on the feet to align the rest of the bodys reflexes. Muscles will become less tense and you will be left with a greater sense of calm and well being. The treatment takes around 80 minutes with only the very finest organic cold pressed oils are used. The facial treatment includes the use of Organic Argan Oil, rich in vitamin E and pressure points are stimulated around the face to increase blood flow and relieve and plump up tired skin. Price £60 I am a fully qualified and insured female massage therapist with a diploma in Swedish Massage, Indian Head Massage and Reflexology. I am also a member of the Guild of Holistic Therapists. Treatment prices start from £35 for a hour.

Bookings are taking place at my cosy massage room in central Brighton at  
**ALIVE HEALTH AND FITNESS** on Castle Street, Brighton. Just off Preston Street.  
 Shower facilities available. Please see [www.alivehealth.co.uk](http://www.alivehealth.co.uk) for directions. Monday to Friday 9  
 until 8 Saturday and Sunday 10 until 4 Mobile Service also available at no extra cost and within  
 Brighton, Hove and surrounding areas. Call me for more details on 07540872270. ;

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