

## Mindfulness, Meditation, Positive Thinking and Emotional Intelligence Seminars (9 GB



South East, Middlesex Location https://www.freeadsz.co.uk/x-473595-z



Life Acknowledged is all about personal development, a process of learning how your mind functions. developing self-awareness, expanding your knowledge, and improving your personal skills. We organise seminars and workshops by topic; Mindfulness, Positive Thinking, Meditation, Emotional Intelligence and breaking habits. www.lifeacknowledged.com Venue: Imber Court Sports Club, Ember Lane,







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