

Roger Black Programmable 3kg Flywheel Rower (1 GBP)



Location

West Midlands, West Midlands

<https://www.freeadsz.co.uk/x-483605-z>



Roger Black Programmable 3kg Flywheel Rower The Roger Black Rower could provide an enjoyable full body workout and its great for helping you to lose weight, burn fat and tone muscle. This helps to provide a great balance between cardiovascular and muscle training. Electromagnetic resistance system with variable tension control. Programmes include: p1-p9. Console feedback including: time, count, distance, calories, watts, strokes and minutes. Pivoting foot plates with adjustable foot straps. Maximum user weight 110kg (17st 5lb). Folds for storage. Transportation wheels. General information: Size H158, W55, D77cm. Size folded H143, W56, D63.5cm. Self-assembly. Brand new and still boxed! Bought for me by my partner but I am unable to use it due to back problems. This is an expensive piece of equipment. Please note: genuine and reasonable offers only! ;



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