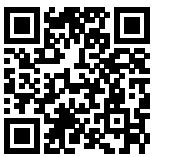


# Bootcamp, Stonehouse Community Centre Tuesday 6pm



Location **South West, Gloucestershire**  
<https://www.freeadsz.co.uk/x-483676-z>

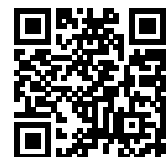
Stonehouse Community Centre  
 FROM 10th JANUARY 2017 - Tuesday 6-6:40pm  
 Suitable for all levels including beginners work at a level suitable to your fitness.  
 There is an alternative HIIT workout for those wanting a harder workout - work harder and rest longer.  
 Total of 40 minutes including the warm up, cool down & stretching.  
 Pay as you go. £5 per session or £25 for 6 session card [www.stonehousefitness.co](http://www.stonehousefitness.co)



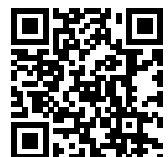
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