

FREE - 4 WEEK FITNESS CHALLENGE

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Come and be part of our fitness family and make new friends – most of all have fun and get your results

Come and join in whether you want to:
Gain muscle, lose fat, gain energy, strength, tone up, etc.

- 4 week challenge
- All classes are free to attend
- One off £10 body composition challenge entry
- Free personalised meal plans
- Free ongoing coaching
- Free weekly body analysis and break down (worth over £250)
- Substantial cash prize for challenge champion

ALL CLASSES ARE FREE TO ATTEND

CONTACT Richard : 07811 394 157

56 Joel Street, Northwood Hills, Middlesex, HA6 1PA



Location

London, London

<https://www.freeadsz.co.uk/x-485769-z>


Come and be part of our fitness family and make new friends - most of all have fun and get your results. ALL CLASSES ARE FREE TO ATTEND Come and join in whether you want to : Gain muscle, loose fat, gain energy, strength, tone up, etc. Classes are 7pm on, Monday, Wednesday & Friday * 4 week challenge * All classes are free to attend * One off £10 body composition challenge entry (admin cost) * Free personalised meal plans * Free ongoing coaching * Free wellness, Weekly body analysis & break down (worth over £250.00) * Substantial cash prize for challenge champion We are in Northwood Hills, Contact me now to book your 4 Week challenge. Richard 07811394157 078113941...(click to reveal full phone)



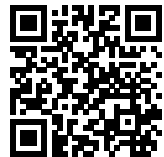
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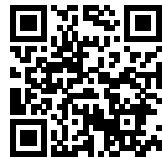
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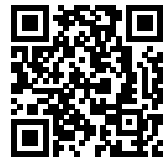
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