## Personal and Professional Development Workshop (2 days) (0203 GBP)



Location South East, Berkshire https://www.freeadsz.co.uk/x-487180-z



I don't fear dying but I fear not living. So how can we live? This is an excellent course for people who are either disillusioned with life or feel they are stuck in a rut and need to realize their purpose. It helps people move forward and achieve things they never thought possible. Henry Ford said: 'If you think you can or you think you can't, you are probably right.'

The course will inspire and challenge you to think differently. It will give you the space to explore alternative options and develop good habits, which server you better, if you want to be successful. We strongly believe that there is no such thing as unresourceful people just unresourceful states. We cannot solve a problem in the same state within which it was created, if we change our state and allow our mind the space for exploration then more options for solutions can be found. The workshop will cover:

- 1. How we use language and the affect it has on us and others this will help you communicate better in relationships and negotiate better deals with businesses. The words you speak define your destiny, if you change your words you change your destiny.
- 2. Techniques to develop intuition teaches you to tap in to the unconscious mind which is the powerful driving force to build confidence
- 3. Develop your creative potential looks at the power of the imagination and how this impacts on your choices.
- 4. Coaching skills uses effective questioning skills to deepen your understanding and reflect on how and what you are doing.

6. Listening skills An understanding of Neuroscience giving you an insight in to how to make the most of the standard of the s

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taking action. The course will develop your ownecteativity, with creativity comes passion and a release of depamines dopamine is a hormone which induces pleasure, it is religased when your egch a goal. It

5. NLP strategies - amazing techniques to quickly change limiting beliefs









https://www.freeadsz.co.uk/x-4871 80-z

Development

Workshop

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Testimonials monials kreative Futures Webste:

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http://www.kreativefutures.co.uk/development-workshop---2-day.html Telephone No. 01628 635019 01628 6350...(click to reveal full phone number) Email: click to contact Venue: Berkshire Time: 2nd/3rd February 2017 (9:30am – 4pm) Cost: £250 + VAT;