

Personal and Professional Development Workshop (2 days) (0203 GBP)



Location

South East, Berkshire
<https://www.freeadsz.co.uk/x-487180-z>


I don't fear dying but I fear not living. So how can we live? This is an excellent course for people who are either disillusioned with life or feel they are stuck in a rut and need to realize their purpose. It helps people move forward and achieve things they never thought possible. Henry Ford said: 'If you think you can or you think you can't, you are probably right.'

The course will inspire and challenge you to think differently. It will give you the space to explore alternative options and develop good habits, which serve you better, if you want to be successful. We strongly believe that there is no such thing as unresourceful people just unresourceful states. We cannot solve a problem in the same state within which it was created, if we change our state and allow our mind the space for exploration then more options for solutions can be found. The workshop will cover:

1. How we use language and the effect it has on us and others – this will help you communicate better in relationships and negotiate better deals with businesses. The words you speak define your destiny, if you change your words you change your destiny.
2. Techniques to develop intuition - teaches you to tap in to the unconscious mind which is the powerful driving force to build confidence
3. Develop your creative potential - looks at the power of the imagination and how this impacts on your choices.
4. Coaching skills - uses effective questioning skills to deepen your understanding and reflect on how and what you are doing.
5. NLP strategies - amazing techniques to quickly change limiting beliefs

6. Listening skills An understanding of Neuroscience giving you an insight in to how to make the most of conversation, making it more efficient and have a greater function. Remember, it is not good to just listen and grow with others, by setting goals, what do you want to do without you and without other people to do it. To achieve these goals, set a clear goal, your creativity and the value of your ideas, and the becoming of a complete. Plus in other areas that the course develops, the course will be developed with the participants' needs as it is about you and your growth. People fear change or feel unworthy of happiness. They create a story about themselves which include limiting beliefs that prevent them from taking action. The course will develop your own creativity, with creativity comes passion and a release of dopamine. Dopamine is a hormone which induces pleasure, it is released when you reach a goal. It motivates us to work hard so that you can achieve goals. Dopamine keeps you mentally alert and helps maintain focus.

Company Name: **Kreative Futures**

Website: <http://www.kreativefutures.co.uk/what-people-say.htm>

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<https://www.freeadsz.co.uk/x-487180-z>

Personal and Professional Development Workshop (2 days)

<https://www.freeadsz.co.uk/x-4871>

<http://www.kreativefutures.co.uk/development-workshop---2-day.html> Telephone No. 01628
635019 01628 6350...(click to reveal full phone number) Email: [click to contact](#) Venue:
Berkshire Time: 2nd/3rd February 2017 (9:30am – 4pm) Cost: £250 + VAT ;