

Women039s Boxing amp Boxing Fitness Classes - Euston, London (15 GBP)



Location

London, London

<https://www.freeadsz.co.uk/x-489813-z>


Women's Boxing Classes – Euston, London NW1 Professional Boxer Marianne Marston's Women's Boxing and Boxing Fitness classes not only teach you the art of boxing but also help you to become far fitter and more toned as well. The Boxing & Boxing Fitness classes, Marianne created, are the real deal, and as such you will be using proper boxing equipment such as Focus Pads, Heavy Bags etc. as well as undertaking some of the very same exercises and drills as used by professional boxers in their competition preparations. Please note these classes are for beginners and intermediate level only. Marianne also offers advanced sessions (Boxing Skills, Sparring etc. on Tuesday evenings – by invitation only). Marianne also offers one-to-one personal training sessions – limited time slots available. CLASS INFORMATION The Ladies Boxing and Boxing Fitness classes cost £15 per session and are one hour in duration and are held at: The Rington Boxing Gym. Basement 141-153 Drummond Street, Euston, London NW1 2PB on Wednesday evenings at 6.30pm. Nearest tube/mainline station - Euston (Underground & Mainline) & Warren Street (Underground) Women's Boxing Classes Contact Details: Tel: 07789 364702 07789 3647... (click to reveal full phone number) E.Mail click to contact www.womensboxingclasses

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