

# EFT student needs clients for case studies



Location **London, London**  
<https://www.freeadsz.co.uk/x-489933-z>



I have completed my EFT course and as part of the certification process, I must complete 50 client sessions. I am offering EFT (tapping) sessions at no cost while I am in this phase of my training. What is EFT? The basic theory behind EFT is that all negative emotions and behaviors, and many of the physical discomforts that they cause, are the result of disruptions to the body's energy system. This energy system refers to meridians, which are used in Chinese Acupuncture. These are energy channels that are connected to all of your major organs that run through your body. When an acupuncturist works on a patient, they adjust the energy with the use of needles. In EFT, your fingers are used to tap on certain points. You could say that it's emotional acupuncture without the needles. EFT can help reduce anxiety and emotional pain. It is also known to help reduce stress and eliminate phobias and fears. Sessions can be in-person or online via Skype or Zoom.;



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