## Look, feel and deal better - visit THE SHEEP CHAKRA



Location **South West, Hampshire** https://www.freeadsz.co.uk/x-490252-z



One on One private sessions of Reiki and/or Pilates. It's never been more crucial to remain balanced and healthy in order to deal with the ever increasing pace of modern life. Todays hectic climate can cause us to neglect ourselves and others when we don't take the time to heal ourselves physically and emotionally. Come and see me for support and guidance in energy work for your mind body and.

