## **Design your own Steam Room With Us**



In a day, your body comes in contact with different chemicals either by having processed by food or through the skin. Under a steam room a person sweats a

Location London, London https://www.freeadsz.co.uk/x-493187-z



The joys of steam bathing have been known and appreciated for centuries. Romans understood the rewards of a rich moist steam cleanse, both for hygiene and the feel of soft, silky smooth skin afterwards. Finns too have taken advantage of the purifying qualities of steam over the years, treasuring a daily bath to unwind tight muscles, stimulate blood flow, and re-emerge whole once more. Now it is easy to enjoy the luxury of steam at home by adding steam to a small shower enclosure, by creating a new shower room with steam, or by building a dedicated steam room where friends and family can relax and socialise.



