



EFT (TAPPING, ACUPUNCTURE WITHOUT THE NEEDLES)

This therapy is used for phobic conditions, releasing the clients fears e.g. fear of flying, spiders etc. It is a simple tool for helping the emotional, by freeing you from limiting beliefs and patterns. It is a life changing empowering tool which can be used to fear free of change, under your own control. It is a tool to enable you to access this for yourself.

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