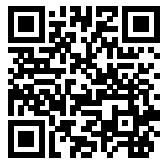


# Care for the Carers - Pop Up Carers Centre (09 GBP)



Location

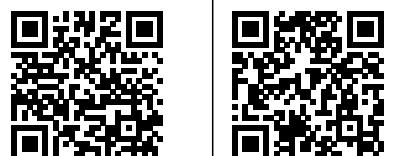
**South East, East Sussex**<https://www.freeadsz.co.uk/x-493522-z>

Are you a carer? If you provide unpaid support to a relative, partner or friend who is ill, frail, disabled or has mental health or substance misuse problems, you are a carer. You might feel that you're doing what anyone else would in your situation; looking after your mum, son, or best friend and just getting on with it. Come along and speak to a Carer Support Worker for free information, advice and.



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Centre  
Carers

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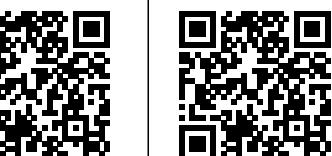
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