



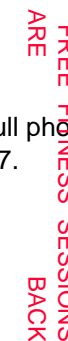
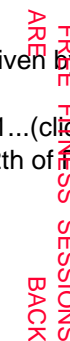
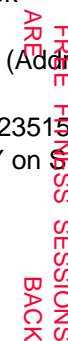
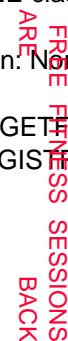
FREE FITNESS SESSIONS ARE BACK

NEW YEAR, NEW YOU!

20% Exercise
80% Nutrition
100% Positive Mindset!
We offer it all!

FULL BODY TRANSFORMATION IN OUR 4 WEEK CHALLENGE!

Different variations for ALL exercises for all different fitness levels! You will grow through the variations and work out with like minded positive people who are all here to drive each other to results!



<p>FREE:</p>  <p>BODY Scan and Worth Scan</p> <p>Free Body Progress Monitoring</p> <p>Free 1:1 or nutrition consultation with your coach</p>  <p>1:1 nutrition consultation</p> <p>- 3 FREE classes per week</p>	 	 
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Location: Northwood Hills (Address will be given by coach)

TEXT "GET IT" to 07583235113 075832351... (click to reveal full phone number) , to get booked in for our REGISTRATION DAY on Sunday the 12th of February 2017.

4 WEEKS TO A BETTER!