

FREE FITNESS SESSIONS ARE BACK



Location **London, London**
<https://www.freeadsz.co.uk/x-493829-z>



FREE FITNESS SESSIONS ARE BACK

Our FREE community 24 FIT BOOTCAMP 4 WEEK CHALLENGE is now back and FREE for all via popular demand!

NEW YEAR, NEW YOU!

Whether you want to get into shape by yourself, come and join us as a family to bond and join our loving community, or you want to come with your friend/partner. Everybody is welcome.

20% Exercise
 80% Nutrition
 100% Positive Mindset!
 We offer it all!

FULL BODY TRANSFORMATION IN OUR 4 WEEK CHALLENGE!

Different variations for ALL exercises for all different fitness levels! You will grow through the variations and work out with like minded positive people who are all here to drive each other to results!



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FREE- FULL BODY TRANSFORMATION Worth the progress you make! 80% nutrition 20% exercise with 100% positive mindset! 3 FREE classes per week

Location: Northwood Hills (Address will be given by coach)

TEXT "GET FIT" to 07583235153 075832351... (click to reveal full phone number), to get booked in for our REGISTRATION DAY on Sunday the 12th of February 2017.

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4 WEEKS TO A BETTER YOU!

"You do NOT have to be great to start, but you have to start to be"