

# FREE FITNESS SESSIONS ARE BACK



Location **London, London**  
<https://www.freeadsz.co.uk/x-493829-z>

\*FREE FITNESS SESSIONS ARE BACK\*

Our FREE community 24 FIT BOOTCAMP 4 WEEK CHALLENGE is now back and FREE for all via popular demand!

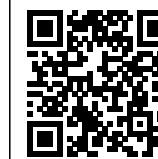
NEW YEAR, NEW YOU!

Whether you want to get into shape by yourself, come and join us as a family to bond and join our loving community, or you want to come with your friend/partner. Everybody is welcome.

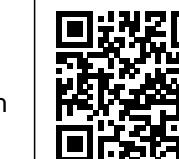
20% Exercise  
 80% Nutrition  
 100% Positive Mindset!  
 We offer it all!

FULL BODY TRANSFORMATION IN OUR 4 WEEK CHALLENGE!

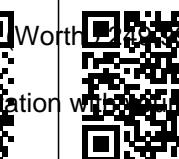
Different variations for ALL exercises for all different fitness levels! You will grow through the variations and work out with like minded positive people who are all here to drive each other to results!



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FREE:   
 - Full BODY Transformation Worth   
 - Weekly Progress Report   
 - Nutrition Consultation with Coach   
 - 12 week Nutrition Plan   
 - 3 FREE classes per week   
 - <https://www.freeadsz.co.uk/x-493829-z>   
 Location: Northwood Hills (Address will be given by coach)   
 TEXT "GETFIT" to 07583235133 075832351... (click to reveal full phone number) , to get booked in for   
 our REGISTRATION DAY on Sunday the 12th of February 2017.   
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4 WEEKS TO A BETTER YOU!

"You do NOT have to be great to start, but you have to start to be"