

FREE FITNESS SESSIONS ARE BACK



Location London, London

https://www.freeadsz.co.uk/x-493829-z

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Our FREE community 24 FIT BOOTCAMP 4 WEEK CHALLENGE is now back and FREE for all via popular demand!

NEW YEAR, NEW YOU!

Whether you want to get into shape by yourself, come and join us as a family to bond and join our loving community, or you want to come with your friend/partner. Everybody is welcome.

20% Exercise 80% Nutrition 100% Positive Mindset! We offer it all!

FULL BODY TRANSFORMATION IN OUR 4 WEEK CHALLENGE!

Different variations for ALL exercises for all different fitness levels! You will grow through the variations and work out with like minded positive people who are all here to drive each other to results!





| | 4 WEEKS TO A BETTER YOU! |
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