

Tai Chi and Chi Gung classes.



Location

South East, West Sussex<https://www.freeadsz.co.uk/x-496477-z>

At chi freedom arts you will learn authentic Tai chi and Chi Gung in a fun and relaxed class for all ages . Beginners welcome. Come and join in, what have you got to lose ? Teaching in most of sussex. you can visit our web site for more details at: www.chi-freedom-arts

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