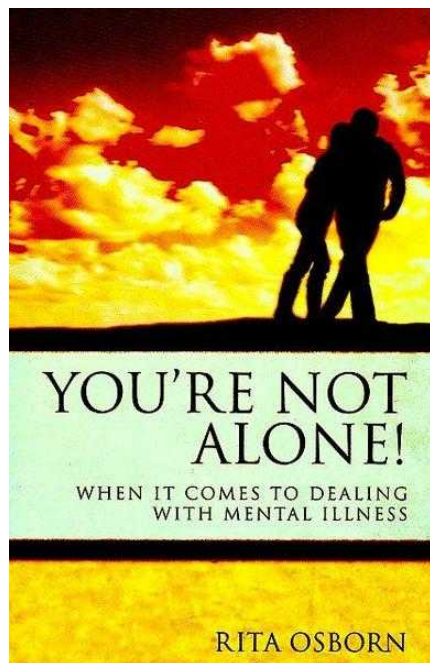


Depression, Major Depression, Social Anxiety,Bipolar,PTSD, Learning Disability. You



Location

South East, Middlesex

<https://www.freeadsz.co.uk/x-500464-z>



You're Not Alone! is a book on depression, anxiety, bipolar, major depression, ptsd, learning disability, and a whole lot more!. With poems, bible verses, home remedies, numbers to crisis centers. We all have had, or known someone who has suffer from depression, co-worker, neighbor, family member, and maybe you, it is estimated that 350 million people suffer from depression.

<http://www.healthline.com/health/depression> It does not discriminated, young teens and adults are committing Suicide at an alarming rate, each year one million commit SUICIDE worldwide, that's 30,000 a day this is a serious issues. And knowing the signs and symptom can help you save a LIFE!. And it's time we do something about it, You're Not Alone! is a book that ever one need to have, and add on to their book collection and read, because you never know if you may need it. check out www.booksrmco.yolasite.com and read more and watch a video on depression and Suicide. If you stand by and do nothing than it's to late. I am here for you. ;



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