

Hypnotherapy and EFT



Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-503253-z>



Put a spring in your step and recharge your energy with hypnotherapy/EFT (emotional freedom technique) also know as tapping. Issues that can benefit include anxiety, depression, fears and phobia's, PTSD, pain, stress and weight loss. I can offer a free 30 minute appointment for you to ask any questions and discuss your needs. www.skeletonkeytherapy.co.uk ;



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