

Bournemouth Fit Club (Free)

FREE Bournemouth FIT CLUB!!!





REG OPEN NOW!

beginners to advanced!

Go at your own pace and skill level from

Activity Include:

- Warm Up
 Strength Training
 Run For Your Life
- · Circuit Training & Intervals

Get serious and join us for a fast paced exciting hour of heart pounding fun!



CALL/TEXT: 07542 697346

South West, Dorset Location

https://www.freeadsz.co.uk/x-505520-z

***** FREE Fit Club *****

Join our 4 Week fitness class!

Body analysis, Personal coaching, weigh-ins, nutrition & fitness

Call/text NOW on 07542 697346 07542 6973...(click to reveal full phone number)

Location: Bournemouth



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