Box Fit Taster Session at Wootton and Dry Sandford Community Centre (4 GBP)



South East, Oxfordshire Location https://www.freeadsz.co.uk/x-509369-z



Come and join us for a fun fitness circuit with a Boxing theme. A workout that tones the whole body, all abilities welcome. Tuesday 4 April 10-11am (Depending on numbers at the taster session, a 6 week course will follow starting Tuesday 25 April)





https://www.freeadsz.co.uk/x-5093