

# PHYSIOTHERAPY, MASSAGE THERAPY amp REIKI SESSIONS



Location **London, London**  
<https://www.freeadsz.co.uk/x-511370-z>



Hello, my name is Emilia, I am a physiotherapist and professional massage therapist with years of experience in the health system and I provide therapeutic and relaxing services in London, East Ham.

Whether you have a specific pain that needs addressing or just want stress and tension relief, I have the skills and techniques to achieve a satisfactory solution.

My massage sessions dealing with :

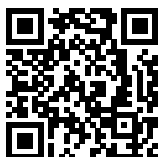
- release of physical fatigue after days and weeks of hard work, aches and pains (migraine&headaches, stiff neck and crunchy shoulders, lower back pains, bad postures, sciatica, tennis elbow and frozen shoulders, sore knees and tired feet etc);
- release of nerve compression;
- wellness or just problem stress and anxiety issues;
- improve or decrease sleep pattern, etc.

Treatments offered include Swedish relaxing massage, deep tissue, anti - cellulite, full body massage (female clients only), neuromuscular (trigger points) , stretching and mobilization techniques, Reiki therapy.

My services are incall in a quiet, clean, warm and comfortable place and the working hours begin Monday to Saturday from 11am - 8,30 pm (the last therapy I take).

To book an appointment you can text/ call at 07551829139 075518291...(click to reveal full phone number)

Hope you need my help and let's take out all the!



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