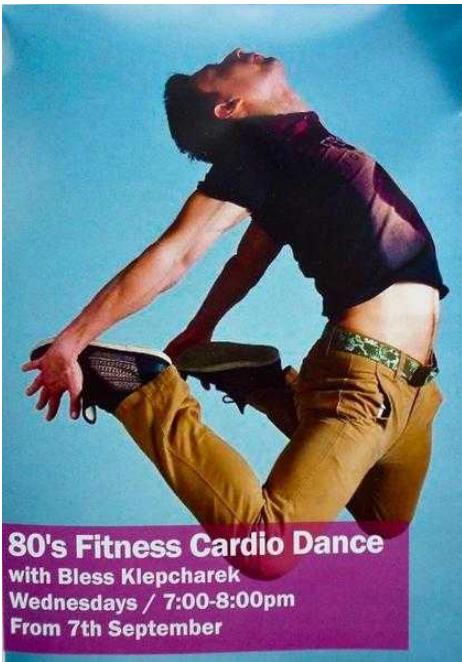
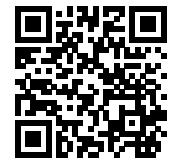


80039s Fitness Cardio Dance class (7 GBP)



Location

London, London<https://www.freeadsz.co.uk/x-518470-z>

Supercharge yourself with a full-on fitness cardio dance routines, set to an 80s soundtrack. You will dramatically improve your stamina and muscular endurance, whilst moving (and probably singing) along to some great 80s pop/rock hits. How much are you going to enjoy the relaxation at the end? I bet you will!

Teacher: Bless Klepcharek (
Britain's Got Talent 2016 semi finalists)

Minimum age: 16

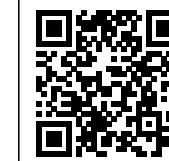
Wednesday: 80's Fitness Cardio Dance - 19.00-20.00

£7 per class (entry to the studio £5 or yearly membership £150)

Danceworks - Studio 6 Adres: 16 Balderton St, Mayfair, London W1K 6TN

DANCE YOURSELF FIT, LOSE WEIGHT, LOOK GREAT and FEEL HEALTHY,

Please, come and join!!!



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class

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