

## **Lower Back Pain Relief Treatment**



Location North, Tyne And Wear https://www.freeadsz.co.uk/x-520317-z



Bodhizone offers 2 types of physical therapy - Passive and Active, where physical involves, Ice pack Heat application Electrical based stimulation Whereas, Active therapy focuses on exercises and stretches. This is the best treatment ever for people who suffer from lower back pain. Physical therapy helps our muscles strengthened, enhanced, and provide good support to your back. Call to leading spine physicians in Bodhizone – 212-529-5700 and reduce the pain For more information - https://www.bodhizone.com/lower-back

