

Solan Fitness Orpington



Location **London, London**
<https://www.freeadsz.co.uk/x-522252-z>



Solan Fitness is a Multi-Award winning gym winning the National Fitness Awards in 2015 & 2016. Our gyms are the hub of results, and are a one-stop solution to our members' fitness and health needs, training in a motivating, fun and social environment.

We are passionate about making a positive difference to peoples' lives, and being part of their journey in achieving their goals. We want to support you to help you surpass your own limitations to achieve your goals and improve the quality of your life. Our mission is to take strength training facilities mainstream, making them easily accessible to all those who want to achieve serious results.

<http://www.solanfitness.com/clubs/orpington-gym/> Opening hours:

MONDAY: 6AM – 10PM

TUESDAY: 6AM – 10PM

WEDNESDAY: 6AM – 10PM

THURSDAY: 6AM – 10PM

FRIDAY: 6AM – 10PM

SATURDAY: 9AM – 7PM

SUNDAY: 9AM –



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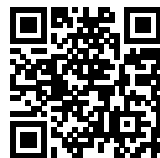
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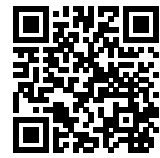
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