

# Massage and Holistic Therapies



**Ascension Holistic Therapies**  
 Rachel Walton - 07754300539 - facebook@AscensionHolistics  
 Based at The Little Butterflies

**Price List:**  
 Reflexology, 1 hour : £25  
 Holistic facial , 45 mins : £20  
 Rose quartz facial, 75min : £30  
 Sole to Soul treatment, 75 min: £30  
 (Consists of 30 mins Reflexology and 45 min Holistic facial)  
 Reiki, 1 hour : £25

**SPECIAL OFFERS:**  
 Swedish full body massage, 1 hour : £15  
 (Price after offer £35)  
 Back and shoulder massage, 30 mins : £10  
 (Price after offer £20)  
 Indian head massage, 30 mins : £10  
 (Price after offer £25, for 45 mins)  
 Aromatherapy Massage, 1 hour : £15  
 (price after offer £35)

Coming soon: Hot Stone Massage, Tanning and Individual Lashes

Location

Yorkshire and the Humber, South Humberside

<https://www.freeadsz.co.uk/x-524530-z>



Hello beautiful soul,

I am Rachel, a holistic and massage therapist, based at The Little Butterflies, Grimsby. I offer a range of truly wonderful and relaxing treatments, designed to make you feel relaxed, re-balanced and rejuvenated. Using crystals, aromatherapy oils and energy channelling I can provide a bespoke treatment, tailored to meet your individual needs.

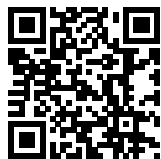
Call to make an appointment and spoil yourself

x Rachel Walton



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