

Massage and Holistic Therapies



Ascension Holistic Therapies

Rachel Walton - 07754300539 - [facebook@AscensionHolistics](https://facebook.com/AscensionHolistics)
Based at The Little Butterflies

Price List:

- Reflexology, 1 hour : £25
- Holistic facial, 45 mins : £20
- Rose quartz facial, 75min : £30
- Sole to Soul treatment, 75 min: £30
(Consists of 30 mins Reflexology and 45 min Holistic facial)
- Reiki, 1 hour : £25

SPECIAL OFFERS:

- Swedish full body massage, 1 hour : £15
(Price after offer £35)
- Back and shoulder massage, 30 mins : £10
(Price after offer £20)
- Indian head massage, 30 mins : £10
(Price after offer £25, for 45 mins)
- Aromatherapy Massage, 1 hour £15
(price after offer £35)

Coming soon: Hot Stone Massage, Tanning and Individual Lashes

Location **Yorkshire and the Humber, South Humberside**
<https://www.freeadsz.co.uk/x-524530-z>

Hello beautiful soul,

I am Rachel, a holistic and massage therapist, based at The Little Butterflies, Grimsby. I offer a range of truly wonderful and relaxing treatments, designed to make you feel relaxed, re-balanced and rejuvenated. Using crystals, aromatherapy oils and energy channelling I can provide a bespoke treatment, tailored to meet your individual needs.

Call to make an appointment and spoil yourself

x Rachel Walton



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