

Counsellor Available



Location

East Midlands, Northamptonshire

<https://www.freeadsz.co.uk/x-525332-z>



I have been working within the field of mental health for almost 25 years, and have accumulated a wealth of training and experience. I provide both long and short term Integrative therapy to suit your needs, and work to a high standard of confidentiality. I am a very non-judgemental and open minded therapist, and offer a very safe place for you to work through issues that are troubling you. I can offer Animal Assisted Therapy if you would like to explore this way of working, but this is only provided following a discussion around how this may help you. Please feel free to call me in order to discuss any questions you may have, I am very timely in responding to e-mail enquiries. I currently have a choice of rooms in Rushden, Northampton, and Podington to suit your.



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