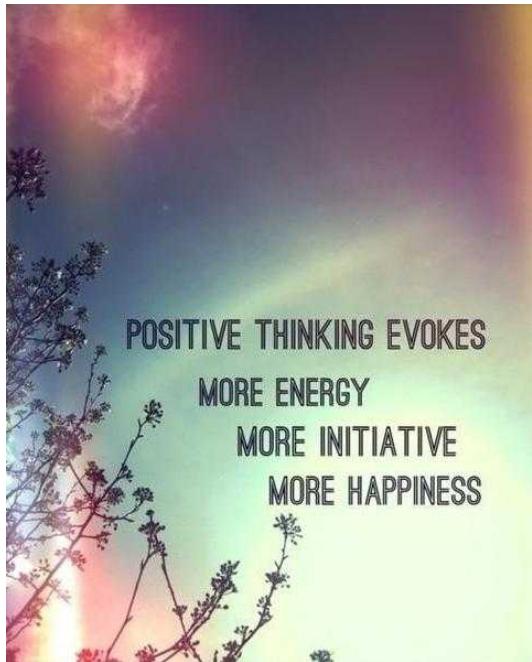


CoachingMentoring



Location

West Midlands, Warwickshire<https://www.freeadsz.co.uk/x-525394-z>

Are you stuck in a rut? Do you need a kick up the backside to sort out your life? I know what it's like to feel that way, which is why I am here to help. I am an experienced mentor specialising in life coaching, fitness, mindfulness, holistic wellbeing and even personal styling. I offer mentoring/coaching across these different areas giving you the tools to make the most out of life through positive thinking and actions. So what are you waiting for? Get in touch now for more information and rates! :)

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