

# Mindfulness Therapy in Brentford



Location **London, London**  
<https://www.freeadsz.co.uk/x-530374-z>



My Mindfulness Therapy is warm, personal style of interaction that will help you to examine your individuality, identify with your role in life, take ownership of the decisions you make and see how they affect the world around you.

<https://www.mymindfulnesstherapy>



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