

Baby Ballet Classes in Southampton (3 GBP)



Location **South West, Hampshire** https://www.freeadsz.co.uk/x-531227-z



Sunday 10.00-10.30 Ballet (Ages 2-3) £3.00 for one class or £10.00 for four classes

For Children, it's a great way to socialise with other children and develop their creative and communication skills. Ballet practice improves flexibility and muscle strength and tone; it has the advantage of working the entire body. In particular, it strengthens abdominal and improves posture.

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