

# Pregnancy Yoga (Purley-Croydon)



Location **London, London**  
<https://www.freeadsz.co.uk/x-531825-z>



This unique highly-effective practice for expectant mums combines yoga and some hypnobirthing techniques for your optimum experience. The aim of this class is to promote vitality during pregnancy and help to prepare you for birth.

Online booking available - visit [www.joyfulbodybirth](http://www.joyfulbodybirth)



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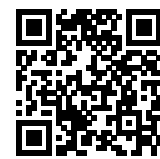
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