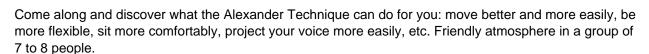


Introductory Alexander technique workshop



Location South West, Avon

https://www.freeadsz.co.uk/x-533702-z



Where: Belmont House Osteopaths, Patchway.

When: 9th September 2017

Time: 10am till noon

Price: £10 in advance or £13 on the door

Contact Sylvie 075 75 86 23 86 or click to contact Here are some comments about previous workshops:

'eye-opening'

'I could actually see and feel the practical difference, suddenly it made sense, and I wanted to know more'

'we learned such a lot AND it was fun'

