FreeAdsZ.co.uk

KeepFit - DanceFit - Stonehouse - 11 am Wedneday

Location **South West, Gloucestershire**
https://www.freeadsz.co.uk/x-534223-z

Stonehouse Community Centre - 11:00 - 11:45 Wednesday
A 40-45 minute dance based exercise to music class -
Low impactChart
Music from 70s, 80s ..... and current.
Don't like my moves, then dance your own dance£5 per week or £25 for 6.

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