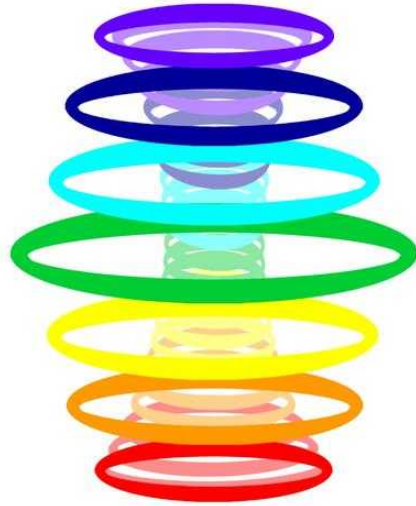


Intuitive Holistic Healing



Location **South East, East Sussex**
<https://www.freeadsz.co.uk/x-537846-z>

It has been scientifically proven that you are made up of electromagnetic energy which vibrates at different frequencies. You may have heard this described as an 'Aura' or 'Chi' energy, which flows through the body in order to maintain health and well-being, both physically and emotionally. It has also been scientifically proven that within each of your cells is a spark of light and that is why we are known as beings of light.

Our bodies react to day to day stresses in different ways, sometimes creating physical symptoms and often emotional and mental issues. Maybe you have an injury or health problem that won't heal, are feeling tired and fatigued or feeling mentally and emotionally run down?

As an Intuitive Holistic Healer I channel the Universal Energy which is present around us, to help clear any unwanted or blocked energies and restore your body, mind and soul to a state of harmony and well-being. I am able to see your aura including your colours and this enables me to direct the healing energy to the point where it is needed most. Working mostly in the auric field, your chakras and also, where necessary, adopting a "hands-on" approach.

You will find this a deeply relaxing experience, as I connect with your energy and work with my Healing Spirit Guides who bring through spiritual guidance on how to move forward in your life in a gentle and positive way.

Why wait until blockages in your energy field manifest into physical or inner emotional turmoil? It is better to have a treatment before more serious health problems take hold, and Holistic Healing could be the answer. You may be feeling just a bit stressed, tired or fatigued, and this is in fact the best time to receive healing, think of it in the same way that would service your car regularly, making sure that it is well

maintained so you avoid more serious mechanical faults from arising!
 Each session lasts for 45 minutes and is available on a one to one basis.
 An Intuitive Holistic Healing Session is £30.
 For more information or to book your session please contact Amanda on 01323 850 009 or
 01323 850 009 (click on the phone icon) or visit the website at www.intuitive-holistichealing.co.uk

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